

## *Bar Menu*



KINSALE  
HOTEL & SPA

## Light Bites

**HOMEMADE SOUP OF THE DAY** \* ..... €9.00  
served with our seeded house soda bread  
(contains: 1,3,7,14,17)

**GLENMAR SEAFOOD CHOWDER** \* ..... €15.00  
salmon, hake, haddock, Dublin Bay prawns,  
mussels and clams in a white wine and lobster  
infused cream sauce served with a homemade  
dill scone  
(contains: 1,2,3,4,7,14,17,19)

**ROCKPOOL CHICKEN WINGS** ..... €13.50  
tossed in a choice of Frank's hot sauce or  
BBQ sauce, served with blue cheese dip  
(contains: 1,3,7,14,15,17)

**GOLDEN FRIED FISH CAKE** ..... €14.50  
served with pea salsa and sweet chilli mayonnaise  
(contains: 1,2,3,4,7,15,17)

**MACROOM BURRATA** \* ..... €18.00  
served with heirloom tomatoes, basil crisps,  
lemon gel and balsamic dressing  
(contains: 1,10,17)

## Salads/ Healthy Options

**GREEK STYLE FETA CHEESE  
AND PASTA SALAD** ..... €18.50  
fresh rigatoni pasta topped with crumbled feta  
cheese, red onions, cherry tomatoes, toasted  
sunflower seeds and pesto dressing  
(contains: 1,3,7,17)

**CHICKEN/PRAWN CAESAR SALAD** \*  
**Chicken** €18.00 **Prawn** €19.00  
crisp baby gem lettuce in homemade caesar  
dressing with grilled chicken/prawn, garlic  
and herb croutons, crispy bacon and  
parmesan shavings  
(contains: 1,2,3,4,7,15,17)

**HUMMUS AND FALAFEL SALAD** \* ..... €18.50  
roast red pepper hummus topped with golden  
fried falafels, dried apricot salsa, tzatziki and  
pickled cucumber  
(contains: 1,7,17)

## Sandwiches

**ROCKPOOL TOASTED SPECIAL** \* ..... €15.00  
toasted bloomer bread with slow braised ham  
hock, mature cheddar, red onion and beef  
tomato served with house salad and fries  
(contains: 1,3,7,15,17)  
Served until 5pm daily

**OPEN SEAFOOD SANDWICH** ..... €15.00  
homemade seeded soda bread topped with  
glenmare smoked salmon, buttered poached  
Dublin Bay prawns, lobster bisque mayonnaise  
and lemon gel served with house salad  
(contains: 1,2,3,4,7,15,17)  
Served until 5pm daily

**FRANKS HOT SAUCE BUTTERMILK  
CHICKEN CIABATTA** ..... €20.00  
golden fried buttermilk chicken topped with  
franks hot sauce in a crunchy ciabatta with  
baby gem lettuce, tomato and blue cheese  
mayonnaise served with salad and fries  
(contains: 1,3,7,15,17)

**ROCKPOOL STEAK SANDWICH** \* ..... €25.00  
grilled McCarthy's beef fillet, sautéed  
mushrooms and onions in a toasted ciabatta  
topped with truffle mayonnaise, fries and  
brandy pepper sauce, served medium or well done  
(contains: 1,3,7,15,17)

## Mains

**MCCARTHY MEATS BEEF BURGER** \* ..... €23.00  
8 ounce McCarthy beef burger on a toasted  
brioche bun with homemade burger sauce,  
baby gem, beef tomato, smoked streaky bacon,  
emmental cheese, fries and coleslaw  
(contains: 1,3,7,15,16,17)

**ROCKPOOL FISH & CHIPS** ..... €20.00  
beer battered Glenmar haddock served with  
pea puree and tartar sauce  
(contains: 1,3,4,7,15,17)

**HOMEMADE MAKINI CURRY** \* ..... €24.00  
curried roasted vegetables in makini sauce  
topped with lime yogurt, and fresh coriander  
served with basmati rice  
**Choose from chicken or prawn** - Add €5 supplement  
(contains: 2,7,9,14,17)

**SLOW BRAISED HAM HOCK CARBONARA** ..... €22.00  
fresh rigatoni pasta with slow braised ham  
hock and wild mushroom in a truffle cream  
sauce topped with parmesan shavings  
(contains: 1,3,7,17)

## Pizza Menu

**HAND STRETCHED 12" PIZZAS  
WITH ROASTED TOMATO SAUCE**

**CLASSIC MARGHERITA** ..... €16.00  
with tomato sauce and mozzarella cheese  
(contains: 1,7,17)

**PEPPERONI PIZZA** ..... €18.50  
with tomato sauce, mozzarella cheese, sliced  
pepperoni, smoked paprika and chilli  
(contains: 1,7,17)

**HAWAIIAN PIZZA** ..... €18.50  
with tomato sauce, mozzarella cheese, slow  
braised ham hock and pineapple salsa  
(contains: 1,7,17)

**GOATS CHEESE PIZZA** ..... €20.00  
with tomato sauce, mozzarella, goats cheese,  
honey and rocket  
(contains: 1,7,17)

**PERI PERI CHICKEN PIZZA** ..... €19.00  
with tomato sauce, mozzarella cheese, peri peri  
chicken, red onion and bell pepper  
(contains: 1,7,17)

## Sides

**HOUSE FRIES** ..... €5.50  
(contains: 1,17)  
**SWEET POTATO FRIES** ..... €5.50  
(contains: 1,17)  
**SIDE SALAD** ..... €5.50  
(contains: 15,17)  
**CHAMP POTATOES** ..... €5.50  
(contains: 7,17)  
**HOMEMADE GARLIC FOCACCIA** ..... €6.00  
(contains: 1,7,17)  
**GARLIC & HERB NAAN** ..... €5.50  
(contains: 1,3,7,17)

## Desserts

**HOMEMADE LEMON BAKED  
CHEESECAKE** ..... €12.00  
served with vanilla ice cream and candied lemon  
(contains: 1,3,7,17)

**HOMEMADE BLACK FOREST  
ETON MESS** \* ..... €12.00  
chantilly mascarpone, meringue, chocolate  
sponge and sour cherry compote  
(contains: 1,3,7,17)

**ICE CREAM SELECTION** \* ..... €12.00  
bourbon vanilla, strawberry and chocolate  
ice cream served with chantilly cream,  
strawberries and wafer topping  
(contains: 1,3,7,17)

**HOMEMADE CHOCOLATE BROWNIE** \* ..... €12.00  
served with pecan crumble, caramel sauce  
and vanilla bean ice cream  
(contains: 1,3,7,12,17)

## Hot Drinks

**AMERICANO** ..... €3.80  
**CAPPUCCINO** ..... €4.00  
**DOUBLE ESPRESSO** ..... €4.00  
**ESPRESSO** ..... €2.80  
**FLAT WHITE** ..... €4.00  
**LATTE** ..... €4.00  
**HOT CHOCOLATE** ..... €3.70  
**TEA** ..... €3.50

\* - INDICATES THAT A DISH CAN BE  
MADE GLUTEN FRIENDLY

DISHES ARE SERVED "STREET FOOD STYLE",  
ARRIVING TOGETHER.  
DESSERTS WILL BE SERVED SEPARATELY.

### ALLERGEN INDEX

1 - CEREALS CONTAINING GLUTEN  
2 - CRUSTACEANS  
3 - EGGS  
4 - FISH  
5 - PEANUTS  
6 - SOYBEAN (AND PRODUCTS OF)

7 - MILK (DAIRY)  
8 - ALMOND  
9 - CASHEW  
10 - HAZELNUT  
11 - PISTACHIO  
12 - PECAN  
13 - WALNUT  
14 - CELERY

15 - MUSTARD  
16 - SESAME SEEDS  
17 - SULPHUR DIOXIDE  
AND SULPHATES  
18 - LUPIN  
19 - MOLLUSCS