

ROCKPOOL

AT KINSALE HOTEL & SPA

SUNDAY LUNCH

TO START

Soup of the Day €9.95

House Guinness soda bread

Allergens: G, D

Kinsale Seafood Chowder €16.00

Atlantic seafood, creamy chowder, Guinness soda bread

Allergens: G, C, D, F, MO, CE

Ham Hock & West Cork Cheddar Croquettes €14.50

Roast garlic aioli, Parmesan, chives

Allergens: G, D, M, SU, E, CE

SUNDAY LUNCH

Roast Black Angus Striploin €24.00

Mashed potato, horseradish cream and gravy

Allergens: D, SU, CE

Chef Special

Ask your server for the special of the day, and allergens.

Seafood Pie €23.00

Fish, shellfish and peas in a creamy fish velouté,
topped with mashed potato

Allergens: D, MO, C, F, M, SU, CE

2 COURSES €32 | 3 COURSES €39

Starter: Soup of the Day or Caesar Salad

Main: Roast Black Angus Striploin, Chef Special or Seafood Pie

Dessert: Your choice from Something Sweet

Two courses: starter & main or main & dessert

FREE DESSERTS FOR KIDS

With a children's main when an adult orders the 3-course Sunday lunch.

ROCKPOOL FAVOURITES

Beer Battered Fish & Chips €24.00

House fries, mushy peas, tartare sauce, lemon

Allergens: F, G, D, E, SU, M

Rockpool Beef Burger €22.00

Smoked Gubbeen, bacon, Ballymaloe relish, tomato, house fries

Allergens: G, D, E, SU

Buttermilk Chicken Burger €21.50

Baby gem, tomato, pickles, sriracha aioli, house fries

Allergens: G, D, E, SU

Kinsale Coconut Curry €25.00

Chicken thighs, chickpeas, roasted cauliflower & almond flakes

Atlantic prawns +€3 – Basmati rice or flatbread

Allergens: G, D, N, C

Harbour Seafood Tagliatelle €27.00

Prawns, mussels, fresh fish, creamy sauce, Parmesan

Allergens: G, C, D, E, F, MO

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SUNDAY LUNCH

LIGHTER LUNCHES

Rockpool Caesar Salad €13.00

Baby gem, pancetta, sourdough croutons, Parmesan, cured egg yolk

Allergens: G, D, E, M, SU, C

Add grilled chicken +€6 • Add Atlantic prawns +€8

Rockpool Toasted Special €16.50

Roast ham, Irish Cheddar, onion jam, tomato, salad & house fries

Allergens: G, D, SU, CE

Open Prawn Sandwich €21.00

Atlantic prawns, Marie Rose sauce, avocado, soda bread, baby leaves

Allergens: G, C, D, E, M, SU

SOMETHING SWEET

Sticky Toffee Pudding €13.00

Salted toffee sauce, brown butter crumb, vanilla ice cream

Allergens: G, D, E, SU

Dark Chocolate Mousse Cake €12.00

Chocolate soil, salted caramel sauce, honeycomb

Allergens: G, D, E, SU

Biscoff Vanilla Cheesecake €13.00

Biscoff sauce, caramelised popcorn

Allergens: G, D, SU

Ice Cream Selection €12.00

Vanilla, strawberry & chocolate, Chantilly cream, strawberry sauce, wafer

Allergens: D, E, SU

ON THE SIDE

House Fries €6.00

Allergens: G

Mashed Potato €6.00

Allergens: D

Tenderstem Broccoli €5.00

Allergens: D

TEA & COFFEE

Americano €4.00

Cappuccino €4.50

Double Espresso €4.00

Espresso €3.00

Flat White €4.10

Latte €4.50

Hot Chocolate €3.50

Tea €3.50

Please inform your server of any allergies or dietary requirements.

G – Gluten | C – Crustaceans | D – Dairy | E – Eggs | F – Fish | L – Lupin | M – Mustard
MO – Molluscs | N – Tree Nuts | P – Peanuts | S – Soy | SE – Sesame | SU – Sulphites | CE – Celery