

Table d'Hôte Menu

Starters

HOMEMADE SOUP OF THE DAY V

served with fresh soda bread, please ask your server for details

(contains: 1 - wheat, 7, 9)

"ROARINGWATER BAY" MUSSELS

white wine, shallots and garlic cream sauce, lemon, garlic bread

(contains: 1 - wheat, 7, 14)

DUCK LIVER PARFAIT

selection of bread, homemade marmalade

(contains: 1 - wheat, 6, 7, 12)

THAI STYLE CHICKEN WINGS

vegan option also available

(contains: 6, 12, 14)

POACHED PEAR

red wine, goats cheese & basil mousse, crispy parma ham, drizzle of honey

(contains: 6, 7, 12)

Mains

SALMON WELLINGTON

crispy seaweed, blanched asparagus & fennel velouté

(contains: 1 - wheat, 3, 4, 7, 14)

CHICKEN SUPREME

char-grilled vegetables, baba ghanoush, colcannon mash, chicken & tarragon jus

(contains: 4, 8)

GRILLED 100Z SIRLOIN STEAK -

€10.50 SUPPLIMENT

duck fat potato pave, mushroom, slow cooked cherry tomato, jameson pepper sauce or black garlic and chilli butter (origin of beef - Ireland)

(contains: 4, 7, 10, 12)

DAHL V

jeera rice, homemade flat bread

(contains: 1 - wheat)

KINSALE BEER BATTERED FISH & CHIPS

mint smoked garden pea puree, tartare sauce & lemon

(contains: 1 - wheat, 2, 3, 4, 12, 14)

ROCKPOOL 100Z BURGER

streaky bacon, chilli cheddar cheese, house green mayo, lettuce, beef tomato, cornichons & red onion on glazed brioche bun with hand cut fries

(origin of beef - Ireland)

(contains: 1 - wheat, 3, 7, 10, 12)

Sides

HAND CUT SKIN ON CHIPS €4.50

SWEET POTATO FRIES €4.50

BEER BATTERED ONION RINGS €4.50

BABY MIXED LEAF SALAD €3.50

TENDER STEM BROCCOLI €4.50

GARLIC BREAD €3.50

GARLIC BREAD WITH CHEESE €4.50

Desserts

SELECTION OF ICE CREAMS WITH CREAM & TOPPINGS

(contains: 1, 3, 6, 7, 8, 13)

KINSALE GARDEN

selection of ice creams & baileys cream

(contains: 1, 3, 6, 7, 8, 13)

CHOCOLATE ALMOND COCONUT MOUSSE V

with fresh raspberries & raspberry coulis

(contains: 8)

APPLE & BERRY CRUMBLE TART

sauce anglaise, vanilla bean ice cream

(contains: 1, 3, 7)



CAN BE MADE COELIAC FRIENDLY ON REQUEST



VEGETARIAN

ALLERGEN INDEX:

1. CEREALS CONTAINING GLUTEN
2. CRUSTACEANS
3. EGGS
4. FISH
5. PEANUTS
6. SOYBEAN (AND PRODUCTS OF)
7. MILK (DAIRY)

8. NUTS

9. CELERY (CELERIAC)
10. MUSTARD
11. SESAME SEEDS
12. SULPHUR DIOXIDE & SULPHITES
13. LUPINS
14. MOLLUSCS