

Table d'Hôte Menu

Starters

HOMEMADE SOUP OF THE DAY **V**

served with fresh soda bread, please ask your server for details

(contains: 1 - wheat, 7, 9)

DUCK SALAD

mixed leaf salad, nuts, blood orange dressing

VEGETARIAN OPTION WITH TEMPEH **V**

(contains: 8, 10, 11)

“ROARINGWATER BAY” MUSSELS

white wine, shallots and garlic cream sauce, lemon, garlic bread

(contains: 1 - wheat, 7, 14)

CACHAPAS

sweetcorn pancakes with avocado salsa, veg crisps

(contains: 1 - wheat, 7)

POACHED PEAR

red wine, goats cheese & basil mousse, crispy parma ham, drizzle of honey

VEGETARIAN OPTION WITHOUT HAM **V**

(contains: 6, 7, 12)

Mains

CATCH OF THE DAY

roasted celeriac, fennel puree, apple & apple cider vinegar puree, parsnip puree, asparagus

(contains: 3, 4, 7, 14)

CHICKEN SUPREME

beluga lentils, brazilian chicken dumpling, muhammara sauce, confit heirloom tomato

(contains: 8, 12)

GRILLED 100Z SIRLOIN STEAK:

€10.50 SUPPLIMENT

potato pave, sautee mushrooms, salsa

(origin of beef - ireland)

(contains: 7, 12)

THAI RED CHICKEN CURRY

coriander rice, coriander flat bread

VEGAN OPTION AVAILABLE WITH TOFU **V**

(contains: 1 - wheat, 2, 7)

KATSU KARE

breaded pork loin, japanese rice, house pickles

VEGAN OPTION WITH AUBERGINE **V**

(contains: 1 - wheat, 6, 11, 12)

SEAFOOD PASTA

prawn bisque, grissini

(contains: 1 - wheat, 2, 4, 7, 14)

Sides

HAND CUT SKIN ON CHIPS €4.50

SWEET POTATO FRIES €4.50

BEER BATTERED ONION RINGS €4.50

BABY MIXED LEAF SALAD €3.50

TENDER STEM BROCCOLI €4.50

GARLIC BREAD €3.50

GARLIC BREAD WITH CHEESE €4.50

Desserts

SELECTION OF ICE CREAMS

with toppings

(contains: 1, 3, 6, 7, 8, 13)

KINSALE GARDEN

selection of ice cream & baileys cream

(contains: 1, 3, 6, 7, 8, 13)

MATCHA CRÉME BRULEE

(contains: 1, 3, 7)

CHOCOLATE ALMOND COCONUT MOUSSE **V**

with fresh raspberries & raspberry coulis

(contains: 8)

V VEGETARIAN

***** CAN BE MADE COELIAC FRIENDLY ON REQUEST

ALLERGEN INDEX:

- | | |
|------------------------------|---------------------------------|
| 1. CEREALS CONTAINING GLUTEN | 8. NUTS |
| 2. CRUSTACEANS | 9. CELERY (CELERIAC) |
| 3. EGGS | 10. MUSTARD |
| 4. FISH | 11. SESAME SEEDS |
| 5. PEANUTS | 12. SULPHUR DIOXIDE & SULPHITES |
| 6. SOYBEAN (AND PRODUCTS OF) | 13. LUPINS |
| 7. MILK (DAIRY) | 14. MOLLUSCS |