

# Inspirational showcase at Kinsale Hotel & Spa

Love was in the air in Kinsale recently where couples dreamed about their big day.

The Kinsale Hotel & Spa Wedding Showcase saw more than 20 popular suppliers exhibiting while guests contemplated their dream wedding day with expert advice on hand.

Kinsale Hotel & Spa proudly show-

cased the beautiful Rathmore Banqueting Suite, exquisite guest rooms as well as the newly renovated bar and restaurant.

The hotel overlooks amazing panoramic views of Oysterhaven Bay and is just 25 minutes from Cork Airport. Visit [kinsalehotelandspa.ie](http://kinsalehotelandspa.ie) or phone 021-4706000 for more information.



Alison Walsh, Ronan Fahy and Aoife Lohse at Kinsale Hotel & Spa's recent Wedding Showcase. PHOTOS: BILLY MACGILL



Could this be yours for the big day?



Photographer Nelius Buckley discussing wedding photography at the showcase.



Sarah O'Brien and Gemma of Gemma and the Jets.

## Glamity Jane

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## Scrub, hydrate and renew your way to silky skin

The weather has been muggy and my skin is congested and feeling quite lacklustre. With that in mind, I have tried some of the essentials for summer for glowing skin!

Clarins has designed a new range of customized face scrubs with plant ingredients and exquisite, sensorial textures, for skin that feels like new. Thanks to this colourful trio, perfectly clean, soft and radiantly beautiful skin is yours! Retailing at €30 for 50ml they can be used on the face and neck.

For dry skin, the Comfort scrub contains sugar microcrystals very gently remove dead cells, even on the lips. Wild mango butter helps to nourish and soften the skin. A nourishing gel-in-oil texture which transforms into a veil



silky, milky to combat skin dryness. For oilier skin, the Pure Scrub lava beads dislodge

dead cells, deep cleanse pores and smooth skin texture, for a radiantly pure complexion. Organic alpine willow herb extract helps to limit shine and promote more matte skin. It's a gel texture which transforms into a generous foam on contact with water.

For dull skins, the Fresh scrub contains natural beads of two different sizes: the larger beads exfoliate while the finer ones refine skin texture. Organic leaf of life extract helps boost the skin's natural hydration process and it's a refreshing cream-gel texture perfect for thirsty skin.

If you are a vegan the best option is Novexpert Velvety Scrub Hydro-Biotic (RRP €16).

This velvety scrub is suitable for sensitive skin and can be used all over the face and lips. It provides a 3D scrub by exfoliating and the polishing the skin surface.

With 0 per cent preservatives and enriched with pre and probiotics, this gentle scrub preserves the skin's natural flora. It also protects the hydro-lipidic film and soothes hypersensitive nerves.

Apply the scrub generously on clean skin, gently massage and rinse with warm water to reveal soft, fresh, luminous skin.

If scrubs aren't your thing, the clever folks have a milky cleanser to help you. We clean our face an average number of 40,000 times in a lifetime.

It boasts magnesium which is truly calming, and soothes epidermal sensors directly connected to the brain - more reason to choose Novexpert Hydro Biotic Milky Cleanser

at €23 RRP.

It does not contain harsh soap, is not drying and does not strip the skin of its own hydro-lipid layer and its own protective flora. This milky cleanser soothes the immune and nervous system and reduces skin inflammation. You can use it on the go as there is no need to rinse.

For a light coverage, the Art Deco Moisturizing Skin Tint (RRP €28.50) with vitamin E provides a perfect mixture of care and makeup for busy lives. The ultra-light daily creme provides a fresh and perfect tint for the skin, ideal for the sunnier, warm weather. Lines and pores are visually blended and small imperfections are perfectly concealed.

The texture combines the lightness and flexibility of a gel with the comfortable feeling of a creme. The skin feels comfortably freshened while receiving some much-needed TLC.

Its Japanese camellia extract (Camellia Japonica leaf extract) is rich in antioxidant flavonoids and polyphenols. It helps protect the skin against damaging influences.

High-molecular weight hyaluronic acid is known for its caring and smoothing properties. The tinted day cream is available in three shades: Light no. 3, Medium no. 6, and Dark no. 9.

To finish your summer look and to keep your complexion cool throughout the day and warm evenings, Art Deco Cool & Fresh Refreshing Spray with Coconut Water is a moisturising boost to the skin, thanks to a mix of water and nourishing coconut water.

With healthy ingredients and a cooling effect, your skin will be refreshed and soothed, it is a handbag hero at €12.50.

Let's not forget the arms and legs. I recently trialled Sanctuary Rose Gold Radiance Precious Glow Body Oil (RRP €13.95) which is a skin-conditioning, glow-boosting dry oil with diamond dust and rose quartz for truly opulent moisture and radiance. Fragranced with the classic Sanctuary floral scent, it gives you a radiant glow with a warm hint of shimmering colour.

Infused with a powerful blend of precious petal oils and optical pigments, this conditioning oil effectively locks in moisture to leave skin looking illuminated with a silky-smooth finish. Use it liberally and often for super soft smooth skin with a sheen second to none.

It's also available in a body cream which offers a slightly more pearlescent glow I feel.

And if you are a Nivea fan, I come bearing the best news. This year Nivea is turning daily skincare routines into heavenly escapes from the everyday with the launch of new richly pampering body soufflés.

Harnessing the power of coconut, jojoba and renowned French Polynesian monoi oil, the whipped soufflés with visible oil pearls melt into your skin while unleashing a heavenly cloud of pure, fresh scents - for a truly multi sensorial spa-like experience.

I am loving the coconut one at the moment, it's fresh and summery, Cherry Blossom will be my choice for the headier evenings of our Indian summers.