

# ROCKPOOL

BAR & RESTAURANT  
VEGETARIAN OPTIONS

## STARTERS

### HOMEMADE SOUP OF THE DAY (\*)

served with fresh soda bread - please ask your server for details  
(contains: 1 - wheat, 7, 9) €6.50

### "BLUEBELL FALLS" GOATS CHEESE BASIL MOUSSE

red wine poached pears, honey drizzle  
(contains: 7, 12) €11.50

### SOY HONEY SESAME GLAZED BATTERED CAULIFLOWER WINGS

baby leaf salad  
(contains: 1 - wheat, 6, 7, 11) €11.00

### CRISPY GOLDEN FRIED BRIE

homemade banana ketchup  
(contains: 1 - wheat, 3, 7, 9, 10, 12) €8.50

### WATERCRESS, ROCKET, PEAR & CASHEL BLUE CHEESE SALAD

honey mustard house dressing  
(contains: 7, 10, 11, 12) €10.50

## MAINS

### ITALIAN SPINACH & RICOTTA RAVIOLI

rocket leaves, parmesan & pine nuts  
(contains: 1 - wheat, 3, 7, 8) €19.00

### CAPRESE RISOTTO

basil pesto, confit tomato, Macroom bocconcini  
(contains: 7, 8, 9) €22.50

### BAKED HALF AUBERGINE

mozzarella, shiitake mushroom, roasted tomatoes  
(contains: 7) €18.00

### VEGGIE PIZZA (\*)

roasted tomato sauce, peppers, caramelised onion, vegan mozzarella, pea shoots  
(contains: 1 - wheat, 9) €14.00

## SIDES

HAND CUT SKIN ON CHIPS €4.50

BABY MIXED LEAF SALAD €3.50

GARLIC BREAD W/CHEESE €3.50  
€4.50

CREAMED POTATO €4.50

SEASONAL VEGETABLE €4.50

ROCKET & PARMESAN SALAD €3.50

BEER BATTERED ONION RINGS €4.50

\* CAN BE MADE COELIAC FRIENDLY

## ALLERGEN INDEX

1. Cereals containing gluten
2. Crustaceans
3. Eggs
4. Fish
5. Peanuts
6. Soy/bean (and products of)
7. Milk (dairy)
8. Nuts
9. Celery (celeriac)
10. Mustard
11. Sesame seeds
12. Sulphur dioxide & sulphites
13. Lupins
14. Molluscs



KINSALE  
HOTEL & SPA