

Starters

HOMEMADE SOUP OF THE DAY (V)

served with fresh soda bread

please ask your server for details

(contains: 1 - wheat, 7, 9)

CAESAR SALAD

cos lettuce, chicken, crispy parma ham, parmesan cheese, croutons

VEGETARIAN OPTION WITH TEMPEH (V)

(contains: 1 – wheat, 8, 10, 11)

ROARING WATER BAY MUSSELS

white wine, shallots and garlic cream sauce, garlic bread, lemon

(contains: 1, 7, 14)

CACHAPAS (V)

sweetcorn pancakes with avocado salsa, veg crisps

(contains: 1 - wheat, 7)

MISO AUBERGINE (V)

japanese rice, bean sprouts, yuzu ponzu sauce

(contains: 1 – wheat, 2, 6, 8, 12, 14)

HOT CHILLI BUTTER CALAMARI

Sour dough bread, lemon aioli, mix leaf salad

(contains: 1 - wheat, 3, 4, 7, 14)

Mains

CATCH OF THE DAY

braised leeks, honey glazed vegetables, white wine and leek sauce

(contains: 3, 4, 7, 14)

CHICKEN SUPREME

spicy crust, tender stem broccoli, beluga lentils, muhammara sauce, tarragon jus

(contains: 1 – wheat, 8, 12)

10oz SIRLOIN STEAK

€10 SUPPLIMENT

potato pave, sauté mushrooms, salsa, peppercorn sauce or black garlic and chilli butter. side of hand cut skin off chips

(contains: 1 – wheat, 7, 12)

Origin of Beef - Ireland

THAI RED CHICKEN CURRY

coriander rice, coriander flat bread

VEGAN OPTION WITH TOFU (V)

(contains: 1 – wheat, 2, 7)

OYSTERHAVEN BAY SEAFOOD PIE

side of hand cut skin off chips, mix leaf salad

(contains: 1 - wheat, 2, 4, 7, 9, 14)

BUTTERNUT SQUASH GNOCCHI (V)

baby spinach, pine nuts, parmesan cheese, garlic bread

(contains: 1 - wheat, 3, 7, 8)

Sides

HAND CUT SKIN OFF CHIPS	€5.00
SWEET POTATO FRIES	€5.00
BABY MIXED LEAF SALAD	€4.50
TENDER STEM BROCCOLI	€5.00
BEER BATTERED ONION RINGS	€4.50
GARLIC BREAD	€3.50
GARLIC BREAD WITH CHEESE	€4.50

ALLERGEN INDEX

1. Cereals Containing Gluten
2. Crustaceans
3. Eggs
4. Fish
5. Peanuts
6. Soybean (and products of)
7. Milk (dairy)
8. Nuts
9. Celery (celeriac)
10. Mustard
11. Sesame Seeds
12. Sulphur Dioxide & Sulphites
13. Lupins
14. Molluscs

Desserts

SELECTION OF ICE CREAMS

with cream & toppings

(contains: 1, 3, 6, 7, 8, 13)

APPLE & BERRIES CRUMBLE

sauce anglaise, vanilla ice cream, berries

(contains: 3, 7, 8)

COCONUT TARTLET

tartlet filled with caramel sauce, coconut crust,

coconut ice cream

(contains: 1, 3, 7, 8)

VEGAN CHOCOLATE ALMOND COCONUT MOUSSE (V)

lemon sorbet, raspberry coulis

(contains: 8)

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