

# DINNER MENU

## Starters

**HOMEMADE SOUP OF THE DAY ..... €6.50**

Served with fresh soda bread - please ask your server for details

contains 1, 7, 9 **V**

**BLUEBELL FALLS GOATS**

**CHEESE SALAD ..... €11.45**

With poached pears, watercress, walnuts, sherry vinegar dressing

contains 7, 10, 12 **V**

**\*\*CRISPY SPICED CHICKEN WINGS ... €11.00**

Soy & honey glaze with sesame, mixed leaf salad

contains 6, 11, 10

**CLASSIC CAESAR SALAD ..... €10.45**

Crisp baby gem, smoked bacon lardons, parmesan, rustic croutons & creamy caesar dressing

contains 1, 3, 4, 7, 10, 12

**OYSTERHAVEN MUSSELS ..... €12.45**

Rustic spicy tomato ragu, crusty garlic bread, lemon

contains 1, 7, 3, 9, 10, 14

**ROCKPOOL SIGNATURE CHICKEN**

**LIVER PARFAIT ..... €10.45**

Housemade chutney, toasted brioche, cress, ash

contains 1, 3, 7, 9, 10, 12

**\*OLD HEAD CREAMY**

**SEAFOOD CHOWDER ..... €10.45**

Served with homemade Guinness bread

contains 1, 4, 14, 2, 7, 9

## Mains

**10oz RIBEYE ..... €30.45**

**10oz SIRLOIN ..... €31.45**

**8oz FILLET ..... €34.45**

All steaks are cooked to order to your liking & served traditionally with braised flat mushrooms, beer battered onion rings & confit roma tomato. Each steak will come with hand cut chunky fries or perfect mash and your choice of pepper sauce or garlic butter

contains 1, 12, 7, 10

All our steaks are sourced & cut daily for freshness, therefore from time to time a particular cut may no longer be available

**ANGUS BEEF BURGER ..... €19.00**

Brioche bun, house burger sauce, smoked bacon, pickle, Irish cheddar cheese, lettuce, onion ring & ripe beef tomato, served with hand cut chunky fries

contains 1, 3, 7, 9, 10

**OYSTERHAVEN BAY FISH & CHIPS ..... €19.00**

Kinsale ale batter, hand cut chips, tartare & lemon

contains 1, 3, 4, 7, 12

**ROASTED CHICKEN SUPREME ..... €22.50**

Corn puree, charred corn, popcorn, mint oil, chicken jus

contains 7, 9, 12

**BAKED ATLANTIC SALMON FILLET ..... €23.45**

Cauliflower, saute samphire with clams & chorizo, tomato & tarragon saffron sauce

contains 1, 4, 7, 11, 12

**ITALIAN SPINACH &**

**RICOTTA RAVIOLI ..... €19.00**

Tossed in a rich creamy sauce, rocket, parmesan & pine nuts

contains 1, 3, 7, 8, 9

**\*KINSALE SEAFOOD LINGUINE ..... €24.45**

Tiger prawns, calamari, mussels and clam meat in a creamy tomato sauce, rocket & parmesan

contains 1, 3, 2, 7, 4, 14, 9, 12

**\*\*16hr BRAISED FEATHER BLADE**

**OF BEEF ..... €25.45**

Fondant potato, mushroom puree, vegetable ribbons, braising jus, rocket, parmesan tuile

contains 1, 3, 7, 9, 12

## Sides

**HAND CUT SKIN ON CHIPS ..... €4.50**

**ROCKET & PARMESAN SALAD ..... €3.50**

**BABY MIXED LEAF SALAD ..... €3.50**

**SEASONAL VEGETABLES ..... €4.50**

**BEER BATTERED ONION RINGS ..... €4.50**

**GARLIC BREAD €3.50 W/CHEESE ..... €4.50**

### ALLERGEN INDEX

1 - CEREALS CONTAINING GLUTEN

2 - CRUSTACEANS

3 - EGGS

4 - FISH

5 - PEANUTS

6 - SOYBEAN (AND PRODUCTS OF)

7 - MILK (DAIRY)

8 - NUTS

9 - CELERY (CELERIAC)

10 - MUSTARD

11 - SESAME SEEDS

12 - SULPHUR DIOXIDE &

SULPHITES

13 - LUPINS

14 - MOLLUSCS

**\*** - CAN BE MADE COELIAC FRIENDLY

**\*\*** - COELIAC FRIENDLY

**V** - VEGETARIAN