

Starters

HOMEMADE SOUP OF THE DAY **V** *****

Served with fresh soda bread - please ask your server
contains 1(wheat),7,9

STEAMED "ROARINGWATER BAY" MUSSELS *****

White wine cream sauce, crusty garlic bread, lemon
contains 1(wheat),7,12,14

"BLUEBELL FALLS" GOATS CHEESE BASIL MOUSSE

Red wine poached pears, honey drizzle,
crisp prosciutto
contains 7,12

BRAISED "MCCARTHY'S" PORK BELLY

Chilli, garlic & spring onion soy, Asian style salad
contains 4,6,9

CAJUN SPICED FRIED CALAMARI

Roasted chilli & lime mayonnaise
contains 1(wheat),2,3,4,7

ROCKPOOL SIGNATURE CHICKEN LIVER PARFAIT *****

Red onion conserve, toasted brioche, cress, ash
contains 1(wheat),3,7,9,10,12

Sides

HAND CUT SKIN ON CHIPS	€4.50
CREAMED POTATO contains 7	€4.50
ROCKET & PARMESAN SALAD contains 1(wheat),3,7,10	€3.50
BABY MIXED LEAF SALAD contains 1(wheat),3,10	€3.50
SEASONAL VEGETABLE contains 7	€4.50
BEER BATTERED ONION RINGS contains 1(wheat)	€4.50
GARLIC BREAD €3.50 W/CHEESE contains 1(wheat),7	€4.50

V - VEGETARIAN

****** - COELIAC FRIENDLY

***** - CAN BE MADE COELIAC FRIENDLY



ALLERGEN INDEX

1 - Cereals Containing Gluten 2 - Crustaceans 3 - Eggs
4 - Fish 5 - Peanuts 6 - Soybean (and products of) 7 - Milk (Dairy)
8 - Nuts 9 - Celery (Celeriac) 10 - Mustard
11 - Sesame Seeds 12 - Sulphur Dioxide & Sulphites
13 - Lupins 14 - Molluscs

Mains

10oz "MCCARTHY'S" PRIME IRISH BEEF BURGER *****

Brioche bun, house burger sauce, smoked bacon,
"Jack McCarthy" black pudding, house pickle,
smoked cheddar, gem lettuce, beef tomato,
red onion served with hand cut chunky fries
contains 1(wheat),3,7,10,12

KINSALE BEER BATTERED FISH & CHIPS

Kinsale ale batter, hand cut chips,
mushy peas, tartare & lemon
contains 1(wheat),3,4,7,12

OVEN ROASTED CHICKEN SUPREME

Root vegetable gratin, root vegetable
textures, tarragon jus
contains 7,9,12

BUTTER ROASTED SALMON FILLET

Wasabi creamed potato, glazed carrots, lemon foam
contains 4,7,10

CAPRESE RISOTTO **V** *****

With basil pesto, confit tomato,
"Macroom" bocconcini
contains 7,8,12

"MCCARTHY'S" PRIME IRISH 8oz SIRLOIN STEAK

Braised mushroom, confit tomato,
"Jameson" pepper sauce
contains 7,12

Desserts

HOMEMADE INDIVIDUAL PAVLOVA

Served with fresh cream, seasonal fruits,
toasted almonds
contains 3,7,8

INDIVIDUAL APPLE & BERRY CRUMBLE TART

Served warm, with sauce anglaise,
vanilla bean ice cream
contains 1(wheat),3,7,8,13

CHOCOLATE ALMOND & COCONUT MOUSSE

Raspberry sorbet
contains 8

SELECTION OF ICE CREAMS

Served with fresh cream and fruit coulis,
Florentine wafers
contains 1(wheat),7,13

WARM CHOCOLATE & HAZELNUT BROWNIE

Rich dark chocolate sauce, vanilla bean ice cream
contains 1(wheat),3,7,8,13

Table d'hôte
DINNER MENU



KINSALE
HOTEL & SPA



KINSALE
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www.kinsalehotelandspa.ie