

# *Bar Menu*



KINSALE  
HOTEL & SPA

## Starter / Salads

**HOMEMADE SOUP OF THE DAY** \* ..... €9.00  
served with our seeded house soda bread  
(contains: 1,3,7,9)

**OYSTERHAVEN BAY SEAFOOD CHOWDER** \* .... €15.00  
salmon, cod, prawns, smoked haddock, mussels, clams & crab tossed in white wine cream base served with seeded house soda bread  
(contains: 1,2,3,4,7,9,12,14)

**ROCKPOOL CHICKEN WINGS** ..... €13.50  
tossed in our spicy BBQ sauce. served with blue cheese dip and celery  
(contains: 6,9,11,13)

**GARLIC FOCACCIA** ..... €6.00  
grilled homemade focaccia topped with garlic butter  
**ADD CHEESE: €2.00**  
(contains: 1,7)

**PERI PERI PRAWNS** \* ..... €16.00  
sautéed prawns with garlic, chili, roast pepper sauce served with garlic bread  
(contains: 1,2)

**NACHOS CARNITAS** ..... €16.00  
crispy tortillas topped with our unique chorizo, jalapeno & cheese sauce  
(contains: 1,7)

**CHICKEN CAESAR SALAD** \* ..... €18.00  
gem lettuce tossed in our house Caesar dressing, crispy bacon, grilled cajun chicken & parmesan shaving  
(contains: 1,3,4,7)

**OYSTERHAVEN FISH CAKE** ..... €12.50  
served on garden leaves, pickled vegetables, lemon aioli  
(contains: 1,3,4,7,12)

**SUPERFOOD FALAFEL SALAD** ..... €18.50  
quinoa, watermelon, cucumber, red onions, long broccoli, pumpkin seed & mix leaves tossed in balsamic dressing topped with chickpea falafel  
(contains: 10,12)

**GRILLED GOAT CHEESE SALAD** \* ..... €18.50  
mixed leaves, pickled beetroot, fresh figs, roasted hazelnuts topped with focaccia, goat cheese & honey toasted  
(contains: 1,7,8,10,12)

## Sides

**FRIES** ..... €5.50  
**SWEET POTATO CHIPS** ..... €5.50  
**SIDE SALAD** ..... €5.50  
**MASH POTATO** ..... €5.50  
**MAC AND CHEESE** ..... €5.50

## Sandwiches

SERVED 12pm – 5pm

**ROCKPOOL TOASTED SPECIAL** \* ..... €15.00  
sourdough bread toasted with homemade roast ham, mature cheddar, onions & tomato served with green salads and fries  
(contains: 1,7,10,12)

**OPEN SEAFOOD SANDWICH** ..... €15.00  
homemade soda bread, smoked salmon, prawns in Marie-rose sauce, capers, red onions & lemon served with green salad  
(contains: 3,4,7,12)

## Mains

**WEST CORK WAGYU BEEF BURGER** \* ..... €23.00  
8oz on a soft toasted bun, house burger sauce, salad garnish, smoked bacon, melted cheddar & fries  
(contains: 3,4,7,12)

**ROCKPOOL FISH & CHIPS** ..... €20.00  
battered haddock served with house fries, tartar sauce and minted pea puree  
(contains: 1,4)

**PO BOY STYLE SANDWICH** \* ..... €20.00  
grilled chicken breast, served in crispy focaccia, crunchy salad, peach curry mayo, Philadelphia cheese served with house coleslaw & chips  
(contains: 1,7)

**HOUSE VEGAN GREEN THAI CURRY** \* ..... €24.00  
roast butternuts, edamame, black and green beans served with basmati rice & naan bread  
**ADD CHICKEN / PRAWNS / BEEF: €5.00 each**  
(contains: 1)

**HOMEMADE LASAGNA** ..... €25.00  
served with salad, chips & garlic bread  
(contains: 1,7,9,12)

**ROCKPOOL STEAK SANDWICH** \* ..... €25.00  
grilled fillet tail, fried mushroom and onions served in a toasted ciabatta, mustard mayo. side of chips and brandy pepper sauce. served medium or well done.  
(contains: 1,7,10,12)

**TEMPURA KATSU MONKFISH** ..... €29.50  
tempura battered monkfish, chili and lime salad, sesame dressing, sweet potato fries & curry mayo  
(contains: 1,3,11)

**DAILY SPECIALS AVAILABLE**  
– Ask server for details

## Mussels Corner

**MOULE MARINIERE** \* ..... €14.00  
served with garlic bread  
(contains: 1,7,12,14)  
**Starter** ..... €14.00  
**Main Course Portion With Chips** ..... €20.00

**BLUE CHEESE MUSSELS** \* ..... €14.00  
served with garlic bread  
(contains: 1,7,12,14)  
**Starter** ..... €14.00  
**Main Course Portion With Chips** ..... €20.00

**CURRIED MUSSELS** \* ..... €14.00  
served with naan bread  
(contains: 1,7,12,14)  
**Starter** ..... €14.00  
**Main Course Portion With Chips** ..... €20.00

## Pizza Menu

**HAND STRETCHED 12" PIZZAS WITH ROASTED TOMATO SAUCE**

**MARGHERITA** ..... €16.00  
tomato sauce, mozzarella, basil & olive  
(contains: 1,7,9)

**ST TOLA** ..... €18.50  
tomato base, red onions confit, goat cheese, roquette leaves and crushed hazelnuts  
(contains: 1,7,8,9)

**JOE'S** ..... €18.50  
tomato base, ham, spicy pepperoni, mushroom, BBQ sauce, mozzarella cheese, black olives  
(contains: 1,7,9,10)

**BURREN** ..... €19.50  
cream base, smoked salmon, capers, red onions, mozzarella  
(contains: 1,4,7,9)

**SPANISH POINT** ..... €18.50  
tomato base, chorizo, black olives, roasted peppers, chili flakes, mozzarella  
(contains: 1,7,9)

\* - COELIAC OPTION AVAILABLE

Vegan dishes are available,  
please ask your server for details

## Desserts

**ETON MESS GLORY** ..... €12.50  
crushed meringue, whipped cream, wild berries compote, bourbon vanilla ice cream & fresh berries  
(contains: 3,7)

**CHOCOLATE & PEAR CRUMBLE** ..... €10.00  
served with cream, vanilla ice cream & crème anglaise  
(contains: 1,3,7)

**SALTED CARAMEL & POPCORN SUNDAE** ..... €12.50  
salted caramel ice cream, toffee sauce, vanilla ice cream, popcorn, whipped cream, chocolate shavings  
(contains: 3,7)

**SELECTION OF ICE CREAM** ..... €10.00  
vanilla, strawberry & chocolate served in a wafer basket topped with cream and strawberries  
(contains: 1,3,7)

**HOMEMADE CHOCOLATE BROWNIE** ..... €10.00  
served with chocolate sauce, vanilla ice cream & caramelized corn flakes  
(contains: 1,3,7)

## Hot Drinks

**AMERICANO** ..... €3.80  
**CAPPUCCINO** ..... €4.00  
**DOUBLE ESPRESSO** ..... €4.00  
**ESPRESSO** ..... €2.80  
**FLAT WHITE** ..... €4.00  
**LATTE** ..... €4.00  
**HOT CHOCOLATE** ..... €3.70  
**TEA** ..... €3.50

### ALLERGEN INDEX

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8 - NUTS  
9 - CELERY (CELERIAC)  
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