

# BAR MENU

## *LIGHT BITES*

### **HOMEMADE SOUP OF THE DAY \***

**€9.00**

served with our seeded House Soda Bread  
(contains: 1, 3, 7, 14, 17)

### **GLENMAR SEAFOOD CHOWDER \***

**€15.00**

salmon, hake, haddock, Dublin Bay prawns, mussels and clams in a white wine and lobster infused cream sauce served with a homemade dill scone  
(contains: 1, 2, 3, 4, 7, 14, 17, 19)

### **ROCKPOOL CHICKEN WINGS**

**€13.50**

tossed in a choice of franks hot sauce or BBQ sauce, served with blue cheese dip  
(contains: 1, 3, 7, 14, 15, 17)

### **GOLDEN FRIED FISH CAKE**

**€14.50**

served with pea salsa and sweet Chilli mayonnaise  
(contains: 1, 2, 3, 4, 7, 15, 17)

### **MACROOM BURRATA \***

**€18.00**

served with heirloom tomatoes, basil crisps, lemon gel and balsamic dressing  
(contains: 1, 10, 17)

## *SALADS / HEALTHY OPTIONS*

### **GREEK STYLE FETA CHEESE AND PASTA SALAD**

**€18.50**

fresh rigatoni pasta topped with crumbled feta cheese, red onions, cherry tomatoes, toasted sunflower seeds and pesto dressing  
(contains: 1, 3, 7, 17)

### **CHICKEN/PRAWN CAESAR SALAD \***

crisp baby gem lettuce in homemade caesar dressing with grilled chicken/prawn, garlic and herb croutons, crispy bacon and parmesan shavings  
(contains: 1, 2, 3, 4, 7, 15, 17)

**CHICKEN €18.00**

**PRAWN €19.50**

### **HUMMUS AND FALAFEL SALAD \***

**€18.50**

roast red pepper hummus topped with golden fried falafels, dried apricot salsa, tzatziki and pickled cucumber  
(contains: 1, 7, 17)

## *MAINS*

### **MCCARTHY MEATS BEEF BURGER \***

**€23.00**

8 ounce McCarthy beef burger on a toasted brioche bun with homemade burger sauce, baby gem, beef tomato, smoked streaky bacon, emmental cheese, fries and coleslaw  
(contains: 1, 3, 7, 15, 16, 17)

### **ROCKPOOL FISH AND CHIPS**

**€20.00**

beer battered Glenmar haddock served with pea puree and tartar sauce  
(contains: 1, 3, 4, 7, 15, 17)

**HOMEMADE MAKINI CURRY \*** **€24.00**  
curried roasted vegetables in makini sauce topped with lime yogurt, and fresh coriander served with basmati rice

Choose from chicken or prawn - Add €5 supplement

(contains: 2. 7. 9, 14, 17)

**SLOW BRAISED HAM HACK CARBONARA** **€22.00**  
fresh garganelli pasta with slow braised ham hack and wild mushroom in a truffle cream sauce topped with parmesan shavings

(contains: 1, 3, 7, 17)

## *SANDWICHES*

**ROCKPOOL TOASTED SPECIAL \*** **€15.00**  
toasted bloomer bread with slow braised ham hock, mature cheddar, red onion and beef tomato served with house salad and fries  
(contains: 1, 3, 7, 15, 17)  
served until 5pm daily

**OPEN SEAFOOD SANDWICH \*** **€15.00**  
homemade seeded soda bread topped with glenmare smoked salmon, buttered poached Dublin Bay prawns, lobster bisque mayonnaise and lemon gel served with house salad  
(contains: 1. 2. 3. 4. 7. 15, 17)  
served until 5pm daily

**FRANKS HOT SAUCE BUTTERMILK CHICKEN CIABATTA** **€20.00**  
golden fried buttermilk chicken topped with franks hot sauce in a crunchy ciabatta with baby gem lettuce, tomato and blue cheese mayonnaise served with salad and fries  
(contains: 1, 3, 7, 15, 17)

**ROCKPOOL STEAK SANDWICH \*** **€25.00**  
grilled McCarthy's beef fillet, sautéed mushrooms and onions in a toasted ciabatta topped with truffle mayonnaise, fries and brandy pepper sauce  
Served medium or well done  
(contains: 1. 3. 7. 15, 17)

## *PIZZAS*

**CLASSIC MARGHERITA** **€16.00**  
with tomato sauce and mozzarella cheese  
(contains: 1, 7, 17)

**PEPPERONI PIZZA** **€18.50**  
with tomato sauce, mozzarella cheese, sliced pepperoni, smoked paprika and chilli  
(contains: 1. 7. 17)

**HAWAIIAN PIZZA** **€18.50**  
with tomato sauce, mozzarella cheese, slow braised ham hock and pineapple salsa  
(contains: 1, 7, 17)

**GOATS CHEESE PIZZA** **€20.00**  
with tomato sauce, mozzarella, goats cheese, honey and rocket  
(contains: 1. 7. 17)

**PERI PERI CHICKEN PIZZA** **€19.00**  
with tomato sauce, mozzarella cheese, peri peri chicken, red onion and bell pepper  
(contains: 1. 7. 17)

## SIDES

|                                                          |              |
|----------------------------------------------------------|--------------|
| <b>HOUSE FRIES</b><br>(contains: 1, 17)                  | <b>€5.50</b> |
| <b>SWEET POTATO FRIES</b><br>(contains: 1, 17)           | <b>€5.50</b> |
| <b>SIDE SALAD</b><br>(contains: 15, 17)                  | <b>€5.50</b> |
| <b>CHAMP POTATOES</b><br>(contains: 7, 17)               | <b>€5.50</b> |
| <b>HOMEMADE GARLIC FOCACCIA</b><br>(contains: 1, 7, 17)  | <b>€6.00</b> |
| <b>GARLIC &amp; HERB NAAN</b><br>(contains: 1, 3, 7, 17) | <b>€5.50</b> |

## DESSERTS

|                                                                                                                                                                            |               |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| <b>HOMEMADE LEMON BAKED CHEESECAKE</b><br>served with vanilla ice cream and candied lemon<br>(contains: 1, 3, 7, 17)                                                       | <b>€12.00</b> |
| <b>HOMEMADE BLACK FOREST ETON MESS *</b><br>chantilly mascarpone, meringue, chocolate sponge and sour cherry compote<br>(contains: 1, 3, 7, 17)                            | <b>€12.00</b> |
| <b>ICE CREAM SELECTION *</b><br>bourbon vanilla, strawberry and chocolate ice cream served with chantilly cream, strawberries and wafer topping<br>(contains: 1, 3, 7, 17) | <b>€12.00</b> |
| <b>HOMEMADE CHOCOLATE BROWNIE *</b><br>served with pecan crumble, caramel sauce and vanilla bean ice cream<br>(contains: 1, 3, 7, 17)                                      | <b>€12.00</b> |

DISHES ARE SERVED "STREET FOOD STYLE", ARRIVING TOGETHER  
DESSERTS WILL BE SERVED SEPERATLY

\* INDICATES THAT A DISH CAN BE MADE GLUTEN FRIENDLY

### Allergen Index:

1. Cereals containing gluten
2. Crustaceans
3. Eggs
4. Fish
5. Peanuts
6. Soybean (and products of)
7. Milk (Dairy)
8. Almond
9. Cashew
10. Hazelnut

11. Pistachio
12. Pecan
13. Walnut
14. Celery
15. Mustard
16. Sesame Seeds
17. Sulphur Dioxide and Sulphates
18. Lupin
19. Molluscs