

Starters

HOMEMADE SOUP OF THE DAY **V** ***** €6.50
Served with fresh soda bread - please ask your server
contains 1(wheat),7,9

STEAMED "ROARINGWATER BAY" MUSSELS ***** €12.50
White wine cream sauce, crusty garlic bread, lemon
contains 1(wheat),7,12,14

"BLUEBELL FALLS" GOATS CHEESE BASIL MOUSSE €11.50
Red wine poached pears, honey drizzle, crisp prosciutto
contains 7,12

CRAB & LOBSTER TORTELLINI €13.00
Katsuobushi & miso broth, samphire
contains 1(wheat),2,3,4,6,7,12

OLD HEAD CREAMY SEAFOOD CHOWDER ***** €10.50
Served with homemade Guinness bread
contains 1(wheat),2,4,7,9,12,14

"CASTLETOWNBERE" CRAB & POTATO CAKE €13.00
House made chilli jam, garlic aioli
contains 1(wheat),2,3,6,7,9,10

BRAISED "MCCARTHY'S" PORK BELLY €12.50
Chilli, garlic & spring onion soy, Asian style salad
contains 4,6,9

CAJUN SPICED FRIED CALAMARI €10.50
Roasted chilli & lime mayonnaise
contains 1(wheat),2,3,4,7

ROCKPOOL SIGNATURE CHICKEN LIVER PARFAIT ***** €10.50
Red onion conserve, toasted brioche, cress, ash
contains 1(wheat),3,7,9,10,12

Sides

HAND CUT SKIN ON CHIPS €4.50
CREAMED POTATO **contains 7** €4.50
ROCKET & PARMESAN SALAD €3.50
contains 1(wheat),3,7,10
BABY MIXED LEAF SALAD €3.50
contains 1(wheat),3,10
SEASONAL VEGETABLE **contains 7** €4.50
BEER BATTERED ONION RINGS €4.50
contains 1(wheat)
GARLIC BREAD €3.50 | **W/CHEESE** €4.50
contains 1(wheat),7

ALLERGEN INDEX

1 - Cereals Containing Gluten 2 - Crustaceans 3 - Eggs
4 - Fish 5 - Peanuts 6 - Soybean (and products of) 7 - Milk (Dairy)
8 - Nuts 9 - Celery (Celeriac) 10 - Mustard
11 - Sesame Seeds 12 - Sulphur Dioxide & Sulphites
13 - Lupins 14 - MOLLUSCS

Mains

10oz "MCCARTHY'S" PRIME IRISH BEEF BURGER ***** €18.50
Brioche bun, house burger sauce, smoked bacon, Jack McCarthy black pudding, house pickle, smoked cheddar, gem lettuce, beef tomato, red onion served with hand cut chunky fries
contains 1(wheat, barley), 3,7,10,12

ROCKPOOL SIGNATURE SEAFOOD RISOTTO €24.50
Tiger prawns, calamari, mussels and clam meat with garden peas & samphire
contains 2,4,7,9,12,14

KINSALE BEER BATTERED FISH & CHIPS €19.00
"Kinsale Ale" batter, hand cut chips, mushy peas, tartare & lemon
contains 1(wheat),3,4,7,12

OVEN ROASTED CHICKEN SUPREME €23.50
Root vegetable gratin, root vegetable textures, tarragon jus
contains 7,9,12

GRILLED 28 DAY AGED "MCCARTHY'S" PRIME 8oz FILLET STEAK €34.50
Creamed shiitake mushrooms, confit tomato, roasted shallot, salsa verde, rioja jus
contains 7,9,10,12

BUTTER ROASTED SALMON FILLET €25.50
Wasabi creamed potato, glazed carrots, lemon foam
contains 4,7,10

HONEY FIVE SPICE GLAZE ROASTED DUCK BREAST €27.45
Polenta cake, roasted fig, fig jam, rioja jus
contains 7,9,12

MOROCCAN SPICED ROASTED LAMB RUMP €29.50
Jerusalem artichoke puree, roasted salsify, sautéed wild mushroom, roast jus
contains 7,12

GRILLED 28 DAY AGED "MCCARTHY'S" PRIME 10oz SIRLOIN STEAK €31.50
Confit tomato, roasted shallot, mushroom, "Jameson" pepper sauce or Café De Paris Butter
contains 6,7,9,10,12

V - VEGETARIAN

****** - COELIAC FRIENDLY

***** - CAN BE MADE COELIAC FRIENDLY

A la Carte
MENU



KINSALE
HOTEL & SPA



KINSALE
HOTEL & SPA

www.kinsalehotelandspa.ie