

A La Carte Menu

Starters

HOMEMADE SOUP OF THE DAY **V** €7.50
served with homemade guinness bread, please ask your server for details
(contains: 1 - wheat, 7, 9)

OYSTERHAVEN BAY CREAMY SEAFOOD CHOWDER €12.00
homemade guinness bread
(contains: 1 - wheat, 2, 4, 7, 9, 12, 14)

DUCK SALAD €14.00
mixed leaf salad, nuts, blood orange dressing
VEGETARIAN OPTION WITH TEMPEH **V**
(contains: 8, 10, 11)

“ROARINGWATER BAY” MUSSELS €12.50
white wine, shallots and garlic cream sauce, lemon, garlic bread
(contains: 1 - wheat, 7, 14)

CACHAPAS **V** €11.00
sweetcorn pancakes with avocado salsa, veg crisps
(contains: 1 - wheat, 7)

PORK & PRAWN GYOZA €12.50
sunomomo, pickled ginger & teriyaki sauce
(contains: 1 - wheat, 2, 6, 12, 14)

CEVICHE PURI €12.50
crispy puri stuffed with fresh fish ceviche
(contains: 1 - wheat, 3, 4, 7)

POACHED PEAR €11.50
red wine, goats cheese & basil mousse, crispy parma ham, drizzle of honey
VEGETARIAN OPTION WITHOUT HAM **V**
(contains: 6, 7, 12)

Mains

SCALLOPS €28.00
coconut & lime risotto, scallops roe puree, mussels farofa, spicy coriander oil, cassava chips
VEGETARIAN OPTION WITH PARSNIP **V**
(contains: 2, 4, 7, 14)

CATCH OF THE DAY €29.00
roasted celeriac, fennel puree, apple & apple cider vinegar puree, parsnip puree, asparagus
(contains: 3, 4, 7, 14)

CHICKEN SUPREME €26.00
beluga lentils, brazilian chicken dumpling, muhammara sauce, confit heirloom tomato
(contains: 8, 12)

GRILLED 100Z SIRLOIN STEAK €38.00
potato pave, sautee mushrooms, salsa
(origin of beef - ireland)
(contains: 7, 12)

THAI RED CHICKEN CURRY €25.50
coriander rice, coriander flat bread
VEGAN OPTION AVAILABLE WITH TOFU **V**
PRAWN OPTION AVAILABLE: ADD €3.00
(contains: 1 - wheat, 2, 7)

KATSU KARE €25.00
breaded pork loin, japanese rice, house pickles
VEGAN OPTION WITH AUBERGINE **V**
(contains: 1 - wheat, 6, 11, 12)

SEAFOOD PASTA €25.50
prawn bisque, grissini
(contains: 1 - wheat, 2, 4, 7, 14)

DUCK BREAST €29.00
deep fried polenta, creamy polenta, roasted jerusalem artichokes, in house lacto-fermented cranberries sweet & sour sauce
(contains: 6, 7, 12)

FLANK STEAK €28.50
grilled pointed cabbage, squash & tahine puree, chimichurri
(origin of beef - ireland)
(contains: 7, 8, 11)

RACK OF LAMB €42.00
beetroot & sumac puree, pea & mint puree, veg savory cabbage parcel, rockpool jus
(contains: 7, 8)

Sides

HAND CUT SKIN ON CHIPS	€5.00
SWEET POTATO FRIES	€5.00
BEER BATTERED ONION RINGS	€4.50
BABY MIXED LEAF SALAD	€4.00
TENDER STEM BROCCOLI	€5.00
GARLIC BREAD	€3.50
GARLIC BREAD WITH CHEESE	€4.50

V VEGETARIAN

***** CAN BE MADE COELIAC FRIENDLY ON REQUEST

ALLERGEN INDEX:

- | | |
|------------------------------|---------------------------------|
| 1. CEREALS CONTAINING GLUTEN | 8. NUTS |
| 2. CRUSTACEANS | 9. CELERY (CELERIAC) |
| 3. EGGS | 10. MUSTARD |
| 4. FISH | 11. SESAME SEEDS |
| 5. PEANUTS | 12. SULPHUR DIOXIDE & SULPHITES |
| 6. SOYBEAN (AND PRODUCTS OF) | 13. LUPINS |
| 7. MILK (DAIRY) | 14. MOLLUSCS |